



Gender equality and quality of life –
how gender equality can contribute
to development in Europe.
A study of Poland and Norway



JAGIELLONIAN UNIVERSITY
IN KRAKÓW



Summer School: Gender Equality and Quality of Life. Policy-making in times of new gender regimes 30 August – 4 September 2015

PRACTICAL INFORMATION

ACCOMODATION

Hotel Studencki Nawojka

Address: 11 Reymonta St., Krakow

Tel. +48 12 37 81 100 or 12 37 81 300

email: nawojka@hotelestudenckie.pl

www: <http://www.hotelestudenckie.pl/index.php?hotel-nawojka>

Nawojka is situated 2 km from the Main Square and 3,5 km from Central Station.

There is a Resto Bar at the hotel where you can have a breakfast before classes. There are a lot of nice places in the city centre to have breakfast as well, but it is a bit further from the Hotel. We recommend you:

Lajkonik, situated at 22 Karmelicka Str. or at 2 Plac Dominikański, see more at: <http://www.lajkonik-pik.pl/en/> or

Charlotte, situated at Plac Szczepański, see more at: http://bistrocharlotte.pl/wp-content/uploads/2015/06/menu_lato_en1.pdf

If searching for a dinner please check this locations: <http://goo.gl/HduJ8M> or check this website: <http://www.spottedbylocals.com/krakow/>

ARRIVAL

a) **From the John Paul II International Airport Kraków-Balice to the City Centre**

Airport's website: <http://www.krakowairport.pl/en/>

There are two ways to get to the city center, by:

Taxi: you can use following companies

ICAR + 48 12 653 55 55 (around 40-50 PLN)

MEGA TAXI +48 196 25 (around 40-50 PLN)

BARBAKAN TAXI +48 196 61 (around 60-80 PLN).

Airport Taxi (around 60-80 PLN) which waits outside the arrival and departure hall.

The summer school is organized by the Institute of Sociology, Jagiellonian University in Krakow, Poland as a part of the research project "Gender equality and quality of life - how gender equality can contribute to development in Europe. A study of Poland and Norway" (GEQ) in cooperation with the Institute for Gender Research (STK) at the University of Oslo, Epidemiology and Preventive Medicine Chair at the Collegium Medicum JU and the Institute of Health and Society (Helsam) at the University of Oslo.

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or

Public transportation: Bus stops within the airport's premises are located near the T1 international terminal (departure hall). **Due to the fact that the airport is under renovation, the arrival hall is in walking distance with the departure hall where the city bus stop is located (around 5 min walk).** You can also get there with free of charge AIRPORT SHUTTLE BUS.

Krakow Airport is served by two regular bus lines: 208 and 292. You can find detailed timetable here: <http://www.krakowairport.pl/en/passenger,c70/transport-parking,c76/how-to-get-to-krakow-airport,c77/by-public-bus,a198.html>.

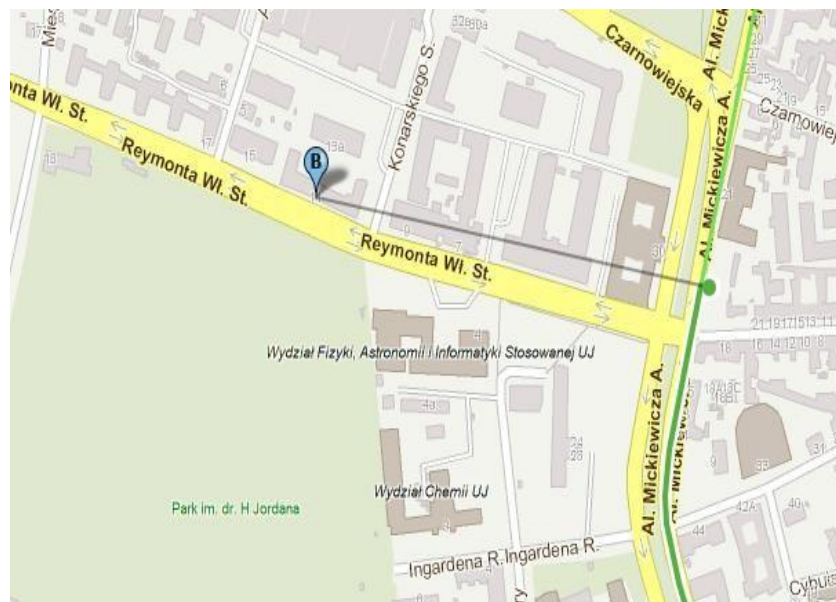
Single trip is 4 PLN (regular price) and 2 PLN (reduced price).

Tickets can be purchased from:

- RELAY newsagent located in terminal T1 and T2,
- the ticket machine at the bus stop (payment in cash or with credit/debit card),
- the authorized ticket machines found on 292 line buses (payment in cash – coins only),
- the bus driver, in case of lack or failure of ticket machine (single tickets only, payment in cash - the exact amount of money).

Note: The ticket must be validated when getting on the bus.

To get to Hotel Nawojka you need to take **bus number 208 or 292 from Krakow Airport T1 and get off at bus stop called: AGH** (green spot on the map below). Nawojka Hotel, 11 Reymonta Str. (blue spot "B" on the map below) is located around 450m from the bus stop.

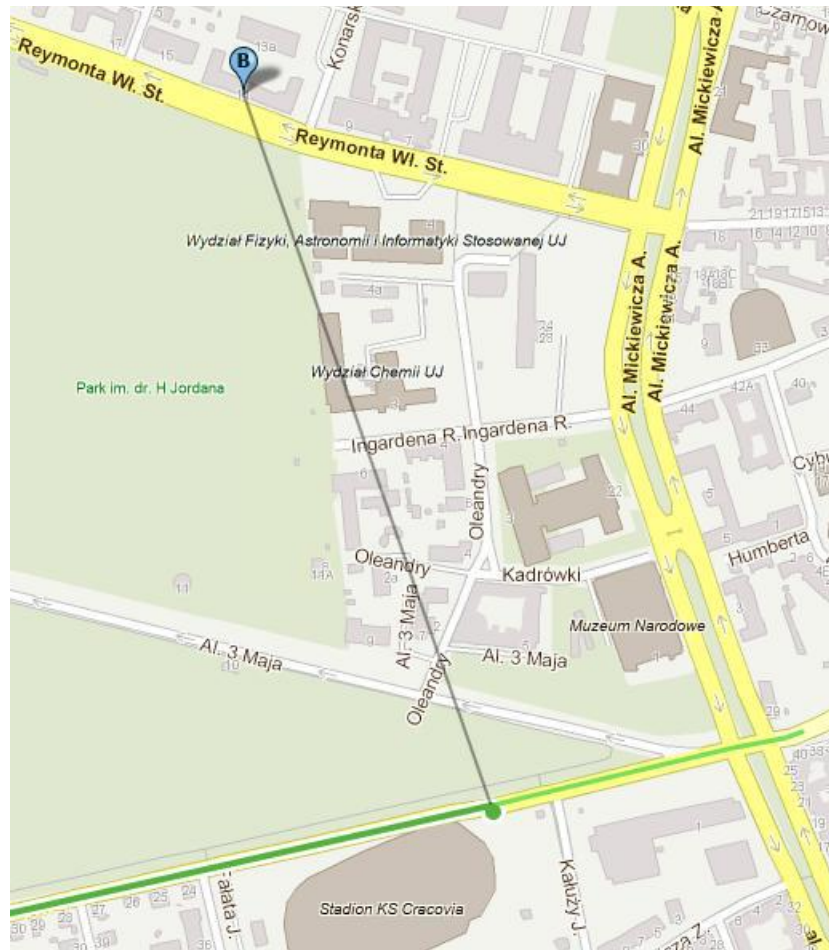


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If you arrive late in the night take bus **902** from **Kraków Airport T1** to the stop called **Cracovia** (green spot on the map below). Nawojka Hotel, 11 Reymonta Str. (blue spot “B “on the map below) is located around 1 km from bus stop.



- b) **From the Railway/Bus Station.** The Central Railway Station is situated in the city centre, approximately 10 minutes' walk from the Main Square. Ticket offices are open between 5am and 11pm. You can check all train timetables on the PKP (Polish National Railway) website: <http://rozkład-pkp.pl/en>.

The Bus station is behind the Railway station and you need to pass the new railway station to find an exit through the shopping mall Galeria Krakowska.

If you arrive either by bus or train the easiest way to get to Nawojka Hotel is to pass the *new railway station* to find an exit through the shopping mall Galeria Krakowska, just in front of it, at Pawia Street there is a bus stop called **Dworzec Główny Zachód**. From there take the bus line number **179**

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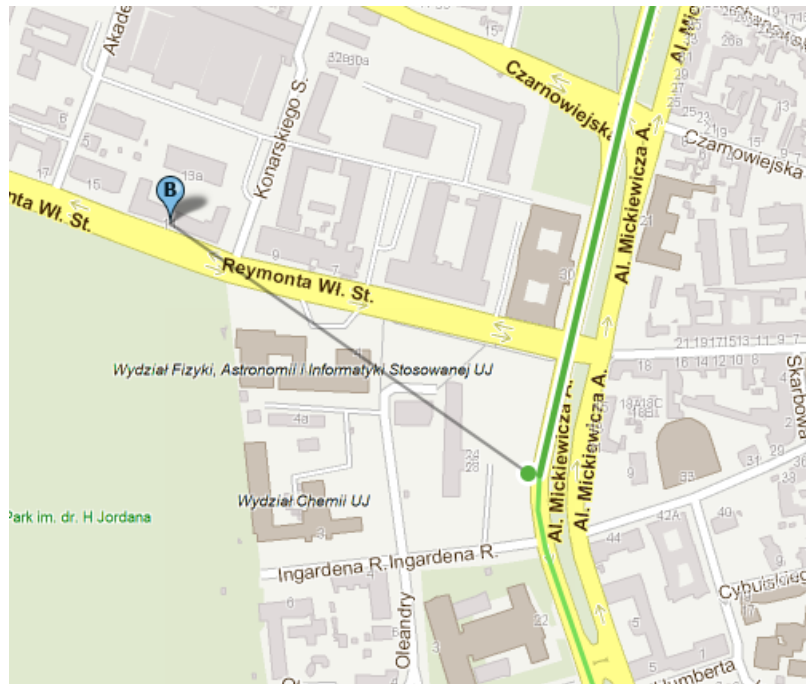
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(Osiedle Kurdwanów direction) and get off at bus stop called **AGH** (green spot on the map below), Nawojka Hotel, 11 Reymonta Str. (blue spot “B” on the map below) is located around 450m from the bus stop.



You can also take a **taxi**, which should be around 15-18 PLN.

ICAR + 48 12 653 55 55

MEGA TAXI +48 196

BARBAKAN TAXI +48 196 61

c) Getting around the city

- You can use public transportation to explore Krakow; single ride is 3,80 PLN (regular price) and 1,90 PLN (reduced price); one day ticket is 15,00 PLN (regular price) and 7,50 PLN (reduced price)

- You can also rent a bike. There are a lot of rental places in the city center:

Cruising Kraków Bike Rental: <http://www.cruisingkrakow.com/bike-rentals.html>;

KRK Bike Rental: <http://www.krkbikerental.pl/index.php?lang=en>.

VENUES

- all classes are taking place in the **Institute of Sociology**, 52 Grodzka St. (25 minutes walking distance from Nawojka Hotel) – Collegium Broscianum;
- the opening ceremony will take place in **Collegium Maius**, 15 Jagiellońska St. (15 minutes walking distance from Nawojka Hotel);

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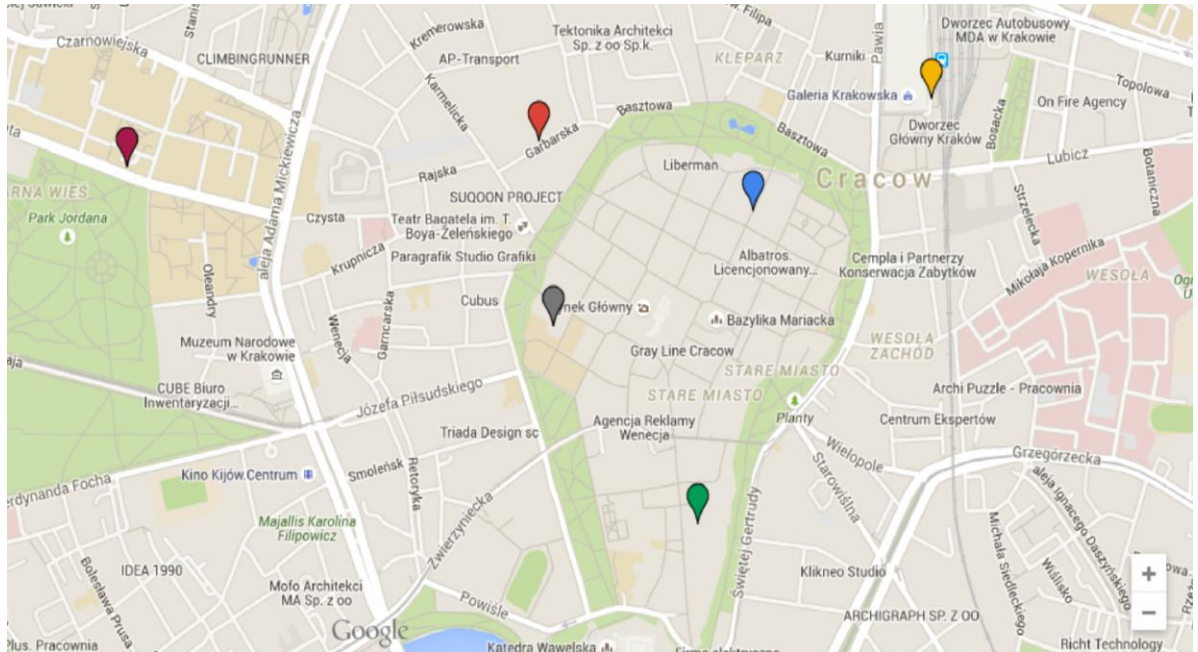
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- the farewell party is going to be in **Ogniwo**, 28 Paulińska St. (10 minutes walking distance from the Institute of Sociology).



Note:

- green point – Institute of Sociology, 52 Grodzka St.
- grey point – Collegium Maius, 15 Jagiellońska St.
- yellow point – Railway/Bus station, 18 Bosacka St.
- accommodation:
 - blue point – Floriańska Guesthouse, 49 Floriańska St.
 - red point - St. Pigoń Guesthouse, 7a Garbarska St.
 - purple point – Hotel Nawojka, 11 Reymonta St.

GUIDED TOUR:

On the 5th of September, at 11:00 a.m., we would like to invite you for guided tour in Jagiellonian University Museum. Please contact the organizers if you want to sign up.

RECOMMENDED LINKS :

Music in Old Krakow: http://www.mwsk.pl/mwsk_2015_concerts.htm

Krakow Sightseeing: <http://www.krakowsightseeing.com/>

Free walking tours: <http://freewalkingtour.com/krakow,city,1.html>

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IMPORTANT CONTACT

SUMMER SCHOOL OFFICE AND CONTACT:

Institute of Sociology, Jagiellonian University in Krakow

52 Grodzka St., 31-044 Kraków

Tel: + 48 12 422 21 29 or 12 663 17 62

CONTACT TO ORGANISERS:

Ewelina Ciaputa

Email: ewelina.ciaputa@uj.edu.pl

Tel: +48 504 243 435

Dr hab. Beata Kowalska

Email: beata.1.kowalska@uj.edu.pl

Tel: +48 505 100 546

EMERGENCY TELEPHONE NUMBERS IN POLAND:

112 – EMERGENCY NUMBER

999 – AMBULANCE

998 – FIRE BRIGADE

997 – POLICE

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